



Buttery Lent Term 2017 Week 3 & 7

Monday Lunch

Fish dish of the day

Vegetable samosas with mango chutney (V)  
Mushroom and cauliflower biryani (Vegan)

Monday Dinner

Hot smoked salmon and pasta  
Creamy bean, leek and potato pie (V)  
Vegetable fajitas (Vegan)

Tuesday Lunch

Cinnamon and honey baked turkey breast  
Baked pork chop with apple chutney  
Vegetable and lentil chilli (Vegan)

Tuesday Dinner

Theme night  
See separate menu

Wednesday Lunch

Roast topside of beef with Yorkshire pudding  
Chicken with garlic, chorizo and olives  
Szechuan vegetable stir fry with tofu (Vegan)

Wednesday Dinner

Beef Lasagne  
Breaded whole tail scampi  
Vegetable Balti (V)

Thursday Lunch

Roast bacon with sweet chilli  
Breaded turkey escalope  
Penne pasta with peppers, red onion, baby corn and sundried tomato  
with vegan pesto (Vegan)



Meat Free Monday



For information about Ingredients including Allergens please scan the QR code, visit the web site or speak to a member of the Buttery Staff.





LC = Low Calorie  
All Below 350  
Calories

Thursday Dinner

[Chicken chipotle tacos](#)  
[Open fish pie with pesto](#)  
[Baked BBQ bean, vegetable and lentil hot pot](#) (Vegan)

Friday Lunch

[Roast leg of lamb](#)  
[Battered fish of the day](#)  
[Quinoa and vegetable strudel](#) (Vegan)

Friday Dinner

[BBQ chicken thighs](#)  
[Cannelloni bolognese](#)  
[BBQ rice and beans with quorn](#) (V)

Saturday

[Brunch 11:30 – 13:30](#)

Saturday Dinner

[Sloppy joe](#)  
[Chicken and mushroom pie](#)  
[Mushroom, spinach and pepper stroganoff](#) (V)

Sunday

[Brunch 11:30 – 13:30](#)

Sunday Dinner

[Baked turkey breast](#)  
[Roast gammon](#)  
[Vegetable tagine](#) (Vegan)



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