



Buttery Lent Term 2017 Week 4 & 8

Monday Lunch

Fish dish of the day
[Tortellini formaggio \(V\)](#)
[Spicy vegetable stir-fry with pasta \(Vegan\)](#)

Monday Dinner

[Soy baked salmon with sesame and spring onions](#)
[Red pepper, potato and pea frittata \(V\)](#)
[Spicy bean burger with guacamole \(Vegan\)](#)

Tuesday Lunch

[Roast turkey with stuffing](#)
[Piri piri pork steak](#)
[Vegetarian schnitzel \(Vegan\)](#)

Tuesday Dinner (Theme Night Wk 4)

[Beef Lasagne](#)
[Breaded whole tail scampi](#)
[Vegetable Balti \(V\)](#)

Wednesday Lunch

[Mustard glazed silverside of beef](#)
[Thai marinated tuna steaks](#)
[Vegetable burger \(Vegan\)](#)

Wednesday Dinner

[Confit duck leg in plum sauce](#)
[Steamed cod with caper and lemon butter](#)
[Thai sweet potato and bean curry \(Vegan\)](#)

Meat Free Monday



For information about [Ingredients](#) including [Allergens](#) please scan the QR code, visit the web site or speak to a member of the Buttery Staff.





Thursday Lunch

[Cola glazed gammon](#)
[Beef Lasagne](#)
[Spinach, mushroom and artichoke filo pie with
a chunky tomato salsa](#) (Vegan)

Thursday Dinner

[Minute steak with mushrooms and grilled tomato](#)
[Reggae reggae pulled turkey in a bun](#)
[Quorn bolognese and pasta](#) (V)

Friday Lunch

[Lemon and garlic baked lamb](#)
[Battered fish of the day](#)
[Greek vegetable stew with garlic and herb orzo](#) (Vegan)

Friday Dinner

[Prawn, sweet potato and pea curry](#)
[Beef chilli and rice](#)
[Cannelloni Verdi](#) (V)

Saturday

[Brunch 11:30 – 13:30](#)

Saturday Dinner

[Beef madras](#)
[Pepperoni pizza](#)
[Chipotle spiced vegetable wrap](#) (Vegan)

Sunday

[Brunch 11:30 – 13:30](#)

Sunday Dinner

[Roast beef](#)
[Roast lamb](#)
[Tomato, spinach & cheese Wellington](#) (V)



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