

Beth Brown Manifesto – Women’s Welfare Exec

Who am I?

- I’m a 2nd year medic who is passionate about helping others
- My role as Head Girl at school has given me the organisational capabilities required for the role and has helped to hone both my team working and leadership skills
- Having spent time providing care for teenagers with severe disabilities I have an understanding of how simple things can impact the lives of people with disabilities so will take a keen interest in working with the disabilities and mental illness officer to make Fitz more accessible for all
- I am friendly and approachable so people would feel comfortable coming to me with any issues

What will I do?

- **Welfare Talks:** invite guest speakers to come and speak about mental health, wellbeing and the various liberation campaigns at least twice termly.
 - Providing access to resources such as these will not only improve peoples’ awareness but might also bring together like minded people
- **Counselling:** at the moment it is not immediately obvious how to access counselling, both at the university and college level.
 - A simple way to solve this would be to create an infographic outlining the relevant steps and distributing it around college e.g. in kitchens and toilets
- **Reform Welfare Tea:** at the moment, Welfare Teas are not held at a regular time or in a particularly appropriate place.
 - I propose to make Welfare Tea’s at the same time, on the same day fortnightly and to hold them in Wilson Court Common Room, a comfortable but more private place than the JCR or the Café.
- **Tutorial system:** push for reform of the tutorial system.
 - Campaign for regular training for tutors and that students themselves understand how the tutorial system works e.g. that you can change tutors.
 - Push for more assistance for those on their year abroad.
 - Have more regular meetings with the senior tutor (at least twice termly) to discuss student welfare
- **Intermission:** make the process of intermitting more widely known and ensure that people know that it is an option.
 - Work with people who have intermitted at Fitz to produce a document on advice for those going through the process
 - Reduce the stigma around intermitting and double time
 - Push College into removing the confusion and ambiguity around intermission amongst Tutors and DoSs
- **Easier access to advice:** make it more obvious how to access the Welfare team.
 - Make it obvious that there are question boxes on the JCR website
 - Provide a way of providing replies even when submissions are anonymous
 - Publicise welfare events, and who will be at them, better so people know when and where to find the members of the welfare team
- **Welfare at events:** make sure events are planned around accessibility.
 - Ensure there is a designated welfare point of contact for each event in charge of ensuring everyone’s needs are met as far as possible.
- **Welfare sport:** make sport more of a part of welfare as it is proven to be a useful outlet.
 - Organise welfare kick-about, welfare walks and keep Ellie’s Billy Runner’s scheme going
- **Fem Soc:** make Fem Soc an actual society funded by the College
 - Making it more student body focused will mean wider voices are represented.

- o A bigger budget with more speakers and student involvement.
- **Regular welfare subcommittee meetings:** This did not happen under the current JCR.
 - o By meeting regularly, at least twice termly, we can pool ideas and resources. It will also be a good opportunity to keep in contact with subcommittee members so relevant support can be provided to enable them to achieve their goals.
- **Continue yoga, massages, welfare cookies etc**

Overall, I want to improve access to welfare resources for everyone at fitz and push college to make welfare more of a priority.